

# The Broad Street Family Newsletter

February 2025



## Important Dates:

- 2-Groundhog Day
- 4- Grade 5 field trip-Next in Music-Nashua High school North
- 6-100<sup>th</sup> day of school
- 11-PTO Meeting (6:30PM Teacher's Lounge)
- 13-PTO STEM night 5:00-8:00PM (Café)
- 14- Valentine's Day
- 20-Kindergarten Field trip to Parker's Maple Barn (8:45-11:30)
- 24-Start of Winter Break (2/24-2/28)



## *The Principal's News*

Hello! I hope you and your family are having a good winter. Speaking of winter, a few reminders:

- We have "indoor recess" when the "real feel" is below 20 degrees, or it is raining out. Sometimes, we hold indoor recess if the school grounds are not safe due to water or ice.
- All students are expected to go outside unless they have a note from a doctor stating that they should be kept in.
- Students should come to school prepared to go outside every day. If you need help outfitting your child for outdoor winter play, please contact our Guidance Counselor Kim Remillard: [remillardk@nashua.edu](mailto:remillardk@nashua.edu)

Last month I wrote about the "power of yet." "Yet" is a simple, but very powerful word. Teaching your children how powerful this tiny little word can be will go a long way. So, start adding "yet" when a child says they "can't" and watch them grow this year! Here are some common things that a child may say:

Using "yet" brings hope. It ignites a "can-do" attitude! But beware, it isn't as simple as just adding a "yet" to a student's statement. Here are some statements that capture the difference between a Growth and a Fixed Mindset:

### **Growth Mindset**

I can learn anything I want.  
I learn from my failures.  
I want to challenge myself.  
I feel like feedback is constructive.  
I am inspired by the success of others.  
I always persevere, even when I'm frustrated.  
My effort and attitude determine everything.

### **Fixed Mindset**

I'm either good at something or I'm not.  
If I fail, I am no good.  
I don't like to be challenged.  
I feel like feedback is personal.  
If you succeed, I feel threatened.  
I give up if I find something difficult.  
My abilities determine everything.

We work hard to help the children learn patience and to learn from their mistakes in a safe environment. We try to teach the students to persevere. We help them understand it's not how many times they fall that is important, it's that they keep getting up! Thank you for helping us help the children grow!

Warmly,  
John Forrest, Principal  
[forrestj@nashua.edu](mailto:forrestj@nashua.edu)



### Important Reminders:

**Parents:** Please have your child(ren) check the lost and found for any missing items. Anything not claimed by 2/21 will be donated.

**For Your Child's Safety Please Report your child's absences.** Please call (603) 966-1880 on our phone line from 3:30 PM to 7:30AM, there is a voicemail option if you call before/after hours. If your child is going to be absent, please give us a call. If we do not hear from you, you will receive a call from us and Blackboard Connect, an automated messaging system. This system calls your home phone so it's very important to call your child in or check your home messages. Remember this is for your child's safety.

### **Afterschool procedures – Written notes**

If your child will be deviating from their normal after school procedure, please send a note to the teacher that morning. We appreciate a written note rather than a phone call to ensure that we are keeping your child safe by following your family plans. Thank you!

## **The Nurse's News**

**Recess/PE Reminder-** I frequently get phone calls or notes from parents requesting that their child stay in for recess or be excused from gym class due to illness, injury, or weather. Please remember that it is a school district policy that **ALL** children go out to recess and participate in Gym **UNLESS THEY HAVE A DOCTOR'S NOTE.** Winter has finally arrived; please be sure your child comes to school **dressed appropriately for outdoor recess.** Please don't hesitate to call me if you have additional questions.

**ATTN 5<sup>th</sup> Grade Parents-** The New Hampshire Department of Health and Human Services highly encourages that when your child turns 11 Years of age they receive a Tdap vaccine. Please send in an updated copy of your child's immunization report if or when they receive this vaccine so that I may update their health information. You can either have your child drop off a hard copy to me in the nurse's office, email a copy as a PDF attachment to me at [johnsonl@nashua.edu](mailto:johnsonl@nashua.edu) or fax a copy to (603) 882-2332.

**As always, please feel free to call or email me with any questions or concerns at:**

***johnsonl@nashua.edu***

***Lauren Johnson, RN***

***(603) 966-1885***



## **PTO News**

*Hey Broad Street Bulldogs!*

*Although the weather outside may be frightful our Broad St community is DELIGHTFUL! February is a shorter month with a week off for winter break, but the PTO has plenty of events planned to keep us all engaged and having FUN! Many of our students will be celebrating their 100<sup>th</sup> day of school and Valentine's Day in their classrooms and we hope their celebrations are amazing! On Thursday, February 13<sup>th</sup> we will be hosting a Buddy's Family STEM Night presented by the Xploration Academy which we are very excited for! Don't forget to register! We also have our monthly PTO meeting on Tuesday, February 11<sup>th</sup> at 6:30PM in the staff lounge. On Tuesday, February 25<sup>th</sup> during our winter break, we will be hosting a dine out fundraiser night at the Texas Roadhouse on Amherst St. We hope to see many of you at these events!*

*Stay Warm Bulldogs!*

*Your PTO*